

# ROUND TABLE NEWS

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Women who gain weight during the holidays are 98% more likely to live longer than their partners who point it out.

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King's Gate Club – a 55+ community, Nokomis, FL

January 9, 2016

**Fair 2016:** There will be a fair meeting in the Card Room today, 1/9, following the Saturday social, for all chairpersons and anyone with ideas they would like to propose. ??? Call **Jim O'Connor, (941) 882-3786**.

**HEALTHLINE: Bob Sudmann**, 201 Squire Ct., had a total knee replacement this past Monday. He is now home and is doing well. Prayers and cards are appreciated.

**Robert (Bob) Mains**, who was on our maintenance staff for several years, passed away on New Year's Day at Tidewell Hospice, Sarasota. At his request, there will be no services. -- **Rae Burmaster**

**THANK YOU:** The family of **Charles Cozad**, would like to thank the members of King's Gate Club for their many expressions of love and sympathy during this difficult time. -- **Barbara Cozad**

**YOGA:** Although yoga is not on the January calendar, it will be running on Monday, January 11th, Monday, January 18th and Monday, January 25th at 9 AM. -- **Rosemary and Alan**

**NOTICE:** Have you put exercise on your New Year's to-do list?? **Movement for Health** is designed for seniors, to keep your muscles and joints flexible and improve your balance. It is a program designed by an exercise therapist – half the class is done from a chair and half is done standing. You can do all or some of the exercises, depending on your limitations. We meet twice a week: in Mondays and Wednesdays, at 11:15 AM, for 45 minutes in the Rec Hall. There are many KGC residents, renters and guests who can benefit from this gentle exercise. Come watch or come and give us a try! Questions? Call **Gigi Conway, 488-7810**.

**GREAT LAKES BREAKFAST:** Let's start the New Year out right by enjoying breakfast with friends and neighbors from Michigan, Indiana, Illinois, Wisconsin, Minnesota and Canada. We meet at Perkins Restaurant on Tuesday, January 12th at 8:30 AM. Sign up in clubhouse, and please, wear name tag. -- **Loretta and Dot**

**SAFETY PATROL:** On Tuesday, January 12th at 10 AM, in the Great Hall, Sarasota County Sheriff's **Deputy Karen Hicks** will present a mini-seminar for Safety Patrol volunteers. She will cover the do's and don'ts and answer any questions from the audience. **Ms. Hicks** is presently our official contact with the Sheriff's Department for neighborhood crime prevention. If you have signed up for our patrol or are just curious about our activities, please plan to attend. -- **Bill Hardesty**

**LIFE SKILLS CLASS:** We will have our first class, for this season, on Tuesday, January 12th, in the Rec Hall at 10:30 AM. Subject will be stress and depression. Sign-up sheet is on bulletin boards in rear of the Great Hall. Class will be limited to 30 - 40 attendees. ?? **George Agricola, 488-8520** or **Judy Skowron, 223-3191**

**OHIO LUNCH:** Tuesday, January 12th at 11:30 AM. Location will be Joseph's Diner at 625 N. Tamiami Tr. Sign up in the Great Hall. ?? **Larry Myers, 375-2780** or **Bonnie Blackburn, 275-4434**

**MAH JONGG?** What is it? -- a Chinese tile game (quite different than the on-line version). Weekly play is on Wednesdays at 1 PM, in the library. Four weeks of **introductory lessons will begin Wednesday, January 13th at 3 PM, in the library**. To sign up for lessons, or if you have any questions, call **Karen Short, 330-466-3404** or **Ilene Hackney, 330-823-2739**.

**JETTY PICNIC:** Come and enjoy the sunset and talk of the holidays, on January 14th. Everyone welcome. Bring your favorite dish for twelve. Remember your social snacks and refreshments, plus settings. Social hour at 4 PM and have dinner at 5 PM. -- **Chairperson, Claire Becker**

**NEW ENGLAND BREAKFAST:** To start off the New Year, we will meet for breakfast at EGGS-TRAORDINARY, 2282 Tamiami Trail N, Nokomis, on January 15th at 8:30AM. We invite our New England residents, new owners, renters and guests to join us. Please sign up in the back of the Great Hall. We look forward to seeing you. Any questions, call **Claire, 484-8761** or **Adeline, 484-3025**.

**ATTENTION** all Round Table chairpersons: please submit your budget estimates, of income and expenses, to **Jim Alex, 35 Castle DR**, by January 15, 2016.

**SQUARE DANCE PARTY: Saturday, January 16th, 7 PM.** Bring a snack to share and BYOB. Punch will be provided. A square dance demonstration will be provided by some local square dancers. Come and have a fun night learning a few basic calls from Red Bates, a nationally recognized square dance caller. Tickets are \$3.00 and are available at today's social meeting, as well as at our house, through the week. -- **Neil and Lois Crane**

**REGATTA:** Hopefully the cool weather will take a break for our JANUARY REGATTA, so those who had a surprise under the Christmas tree, can show off their new boat, on Sunday, January 17th at 1:30 PM at the pool. Everyone is welcome... enjoy delicious hot dogs for refreshments. Just a good old-fashioned, fun time to begin the 2016 Regatta season at KGC. -- **Commodore Jerry Becker**

**STAINED GLASS:** A Beginner's Class will start Tuesday, January 19th at 1:00 PM in the new Craft Room. A class fee of approximately \$30 will cover the materials provided. Sign-up sheet is on the Bulletin board at the rear of the Great Hall. Please sign up by Tuesday, January 12th. ?? Call **Jessica Prentice, 488-5267**

**NY/NJ LUNCHEON:** We will meet at Saltwater Café, 12:30 PM on Thursday, January 21st. Sign up at the back of the Great Hall, and please, wear your name tags. -- **Eleanor Barth**

**SUPER BOWL PARTY:** A Happy and Healthy New Year to everyone!!! **Gene** and **I** will again be hosting the Super Bowl Party on Sunday, February 7th, in the Great Hall. This year of 2016 brings us Super Bowl "50". Time sure does fly by so quickly. Tickets will be on sale Saturday, January 16 through Saturday, February 6. Join the excitement of THE BIG GAME on our "BIG SCREEN". We are changing the times a little. The doors will open for snacks (provided) at 5 PM. Subs and potato salad will be served at 5:30 PM; kickoff is approximately 6:28 PM. Price of the tickets remain at \$7 per person, including Klondike bars at halftime. "Pool" squares will be available for sale. "BYOB." It will be exciting during these weeks, prior to the Super Bowl, to see which teams will make it to "The Game". All you football fans, get in the spirit and have some fun. ??? Call **Gene** and **Mickey, 488-8281**.

**HORSE RACE/PIZZA PARTY:** "Hats and Hooves", Saturday, February 13th. Wear your "Derby Hat" and bring your quarters! Tickets are \$7 per person and will be on sale at Saturday morning social meetings. Questions? Call **Rae Burmaster, Chairman**

**VIDEO LIBRARY:** From the creators of Fireproof and Courageous, comes a new DVD, War Room, a compelling faith drama, filled with humor and heart that became the #1 movie in US theaters. -- **Jean Ickes**

**TENNIS:** Our women's team had a rough start on Monday, against Bird Bay. The #1 team won their first set 6-0, lost the 2nd set 0-6 and lost the tie breaker for the match 8-10. Better luck next week against Royal Coachman, at Royal Coachman. The men's captain had to cancel their match on Tuesday, due to a lack of players. Hopefully, more players will be here next week. -- **Don Keele**

**Bowling Results: January 5, 2016**

-- **Jim Rundell**

Ladies HDCP	Series	Ladies HDCP	Game
Diana Floyd	678	Diana Floyd	284 (225 actual)
Marcia Nolin	625	Marcia Nolin	227

Men's HDCP	Series	Men's HDCP	Game
Len Milheim	640	Jim Rundell	256 (265 actual)
Bill Thurston	635	Bill Thurston	231

**1<sup>st</sup> Annual KGC Home Tour:** Valentine's Day excitement is fast approaching and as a special event, we are introducing the 1st Annual KGC Home Tour. The tour will include 8-10 KGC Homes (1-3pm)...refreshments and a showcase of some of our artists displaying their arts & crafts in the Great Hall 3-5pm (bring your \$\$ in case you see something you can't resist buying). Don't miss it! Tickets are \$8.00 and will be on sale January 9th through February 6th at the Saturday coffee social. We hope to see you there. ??? Sue LeBell at 603-591-2313.

-- **Sherry Oexman, Sue LeBell & Kae Hardesty**

**NEW OWNERS:** Welcome to **David and Sharon Portesi**, from KG Park, who have purchased 28 Castle Dr. and to **Robert and Mary Burkwit**, from Webster, NY who have purchased 21 Castle Dr. Owners, **Bob and Sue Blais** have purchased 121 Camelot Dr.

**We also welcome these RETURN RENTERS:**

**Tom and Carole Whetsel** are renting 7 Castle Dr. until March 1, 2016.  
**Dick and Carol Young** are renting 14 Castle Dr. until April 1, 2016.  
**Sheldon and Donna Giles** are renting 83 King Arthur Dr. until 3/30/2016.  
**Phillip and Judith Litz** are renting 133 Camelot Dr. until 1/31/2016.  
**Donald and Karen Christensen** are renting 138 Camelot Dr. until 4/30/2016.  
**Fred and Alice Murphy** are renting 145 Duchess Ave. until 3/15/2016.  
**Bud and Brenda Rose** are renting 177 Princess Ave until 4/15/2016.  
**Boots and Gina Krings** are renting 195 Castle Dr. until 3/31/2016.  
**David and Georganne Loham** are renting 232 Duchess Ave until 1/30/2016.  
**Laurence and Margaret Beamer** are renting 295 Ave of Kings until 4/20/2016.  
**DeWayne and Sue Williams** are renting 312 Camelot Dr. until 3/31/2016.  
**Judy Riggs** is renting 315 Castle Dr. until 4/30/2016.

We hope you all enjoy your time here in "Our Little Bit of Paradise".

**KGC Contract Bridge Results: Wednesday, December 30, 2015**

-- **Ben Quirion**

<b>First:</b>	<b>Ben Quirion</b>
<b>Second:</b>	<b>Edna Zappala</b>
<b>Third</b>	<b>Jeanne Winget</b>

**and Wednesday, January 6, 2016**

<b>First:</b>	<b>Ben Quirion</b>
<b>Second:</b>	<b>Lorraine Quirion</b>
<b>Third</b>	<b>Jeanne Winget</b>

**For Contract Bridge, sign up in back of Great Hall. Lorraine, 484-3134.**

**TRAVEL: January 10, 2016: Showboat.** We will load at 9:45 AM. TWO BUSES....CHECK THE TRAVEL DESK TO SEE WHICH BUS YOU ARE ON.

**January 15, 2016 - Friday 2:30 PM:** Document party for January Cruise. Please mark your calendars so you can pick up all your instructions (for cruise people only). Bring your questions.

**January 16, 2016:** Immediately after the Saturday social meeting, we will have a presentation from **Mayflower TOURS**, regarding Tennessee Rails and Sails, **October 17, 2016.** It is 8 days and includes 12 meals. Please consider staying for this presentation. It will only be about 1/2 hour and maybe will offer some incentives to book. Sue and Allan Knops, from VIP World Travel, will also be here. I have brochures at the travel desk, if you would like to check this out. Have a great week. We are open for any travel plans; just let us know. All Around Tours have many day trips. If we have 10 or more, they pick up in the club.

**February 21, 2016 - Sister Act. \$70.00:** Payments would be appreciated **starting next week,** A couple seats still available. Many of you sign up when we first list them and then cancel...if you can't remember, please check at the travel desk... it's very hard to fill seats at the last minute. We have two buses scheduled.

**HARD ROCK IS SCHEDULED FOR WEDNESDAY, FEBRUARY, 17TH,** BECAUSE OF BOARD MEETING ON THURSDAY, THE 18TH. SIGN UP EARLY SO YOU HAVE A SEAT. \$25.00.

**REMINDER: START THINKING ABOUT SILVER FOXES MARCH 23RD, 2016 \$24.00.  
AND SAILOR CIRCUS, APRIL 1, 2016; \$20.00.**

**ALL AROUND TOURS IS A TRAVEL PARTNER...WE HAVE BOOKS AVAILABLE...IF YOU SEE SOMETHING YOU WOULD LIKE US TO SCHEDULE, LET ME KNOW. MANY DAY TRIPS THAT ARE FUN. WE HAVE A GROUP GOING TO NEW ORLEANS IN MARCH. IF WE HAVE 10 OR MORE, THEY PICK UP IN THE CLUB.**

**Travel Coordinators: Don and Mary Lou Richmond, 941-484-6807**

**Travel Partners: Jim and Bev Purkey**

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If you are unable to view past Newsletters, e-mail **Sandy McIntyre** at [sandymac@comcast.net](mailto:sandymac@comcast.net)